

Name: _____ **Date:** _____

Part 1
Vocabulary

Circle the word that has a similar meaning to the underlined word or words.

1. The results of the study suggested that gossip is more hurtful than helpful.
A) initiated
B) implied
C) registered
D) attributed
2. My grandmother's belief is that life is short, so live for today and not tomorrow.
A) register
B) license
C) gender
D) philosophy
3. I saw a figure that about 60 percent of our conversations revolve around gossip.
A) statistic
B) philosophy
C) theory
D) license
4. Applicants should leave out personal information such as their home address and national identity number.
A) register
B) imply
C) exclude
D) tape
5. One idea is that gossip has a positive function in establishing the values of a group.
A) theory
B) attribute
C) license
D) validation

Circle the correct word form to complete each sentence.

6. The company's president ____ the increase in sales to the improving economy.
A) attribute
B) attributes
C) attributable
D) attribution
7. The number of students learning a new language ____ online has increased dramatically in recent years.
A) exclude
B) exclusive
C) exclusion
D) exclusively
8. She is unable to access the secure website because her password is ____.
A) invalid
B) validity
C) validation
D) validate
9. The college ____ a program to encourage students to volunteer in their community.
A) initiate
B) initiated
C) initiative
D) initiation
10. The interviewer is not allowed to ask how old you are. Age is ____.
A) relevant
B) relevance
C) irrelevant
D) irrelevance

Use five of the words in the box to complete the sentences.

attribute	exclude	gender	imply
initiate	licensed	register	relevant
tape	theory	ultimate	valid

11. All participants are required to _____ online by the end of next week.
12. We will _____ the program tonight so we can watch it tomorrow.
13. Sanjay is _____ to practice medicine in India and the United States.
14. The company's _____ goal is to dominate the market by the end of the year.
15. It is illegal for employees to discriminate on the basis of _____, political opinions, or religious beliefs.

Part 2

Listening

Listen to the interview. Circle the best answer to complete each sentence.

16. The program is mainly about the power of ____.
A) worry
B) words
C) positive thinking
D) the brain
17. A single word can change our ____ for the entire day.
A) communication
B) theory
C) brain
D) mood
18. For the study, participants saw the word ____ flashed onto a screen.
A) "no"
B) "bad"
C) "angry"
D) "peace"

19. Worry goes hand-in-hand with ____.
- A) problems
 - B) imagination
 - C) negativity
 - D) love

Listen to the interview again. As you listen, decide whether each sentence gives a fact (F) or an opinion (O).

- ____ 20. It was a beautiful, sunny morning.
- ____ 21. She was terribly rude.
- ____ 22. Neuroscientists saw the effect of words on participants' brains using an MRI scanner.
- ____ 23. Negative words can damage key structures in the brain that regulate memory, feelings, and emotions.
- ____ 24. I believe that a certain amount of worry is good for us.
- ____ 25. Research shows that over 85 percent of things people worry about never happen.

Read the sentences about citing information. Circle the best answer.

Which sentence cites scientific information?

26. A) We all know the saying that sticks and stones will break my bones but words will never hurt me.
- B) In a recent study, neuroscientists saw the effect of words on participants' brains using an MRI scanner.

Which sentence uses a direct quote?

27. A) According to authors Mark Waldman and Dr. Andrew Newberg, "Negative words can damage key structures in the brain that regulate memory, feelings, and emotions."
- B) Waldman and Newberg believe that a single word has the power to influence the expression of genes that regulate physical and emotional stress.
28. A) Just as there's "good stress," there's also "good worry."
- B) As Dr. Martin Rossman said, "Worry not only helps us anticipate danger, it helps us solve problems."

Which sentence paraphrases someone else's ideas?

29. A) Positive words, such as "peace" and "love," can strengthen the brain's cognitive function.
 B) Psychologists often tell their patients to think positively; to turn negative thoughts into positive thoughts.
30. A) Donna's philosophy is to try not to worry about things she has no control over.
 B) According to Dr. Parker, "The brain reacts to negativity, but not as much to positivity."

Part 3
Speaking

Write notes for a two-minute speech in response to the statement: "A certain amount of worry is good for us." Then present your speech to the class.

- Do you agree with this statement? Why or why not?
- What do you worry about? Why?
- Do you believe that worrying helps you to solve problems?
- Do you agree that it's useless to worry about things that you have no control over? Why or why not?